

SAFETY STARTS WITH ME



The CHAMP patient safety framework outlines five core behaviors that help reduce errors and improve communication across healthcare teams. These behaviors are foundational to the high reliability journey, providing staff with practical tools and a shared language to promote safety and prevent harm.

This chart is a visual guide to the five core behaviors represented by each letter of the CHAMP acronym, along with the tools that support each behavior.

**BE A SAFETY
CHAMP FOR
OUR PATIENTS**

C

COMMUNICATE CLEARLY

- Repeat Backs/Read Backs
- Clarifying Questions
- Phonetic and Numeric Clarifications

H

HAND OFF EFFECTIVELY

- Create a Message Using SBAR (Situation, Background, Assessment, Recommendation)

A

ATTENTION TO DETAIL

- Self-Check Using STAR (Stop, Think, Act, Review)

M

MENTOR EACH OTHER

- Request and Be Receptive to Cross-Checks
- Coach Teammates
- Speak Up for Safety Using ARCC (Ask, Request, Voice a Concern, Chain of Command)

P

PRACTICE AND ACCEPT A QUESTIONING ATTITUDE

- Validate and Verify
- Stop the Line