



## SPOT THE ORANGE BRACELET

### RECOGNIZE AND RESPOND TO URGENT MATERNAL WARNING SIGNS



**IDENTIFY:** A patient wearing an orange bracelet may be postpartum. Always confirm.



**INVESTIGATE:** Screen the patient for urgent maternal warning signs. Serious complications can occur up to a year after pregnancy.



**INTERVENE:** Symptoms may indicate a life-threatening problem. Immediately connect the patient with emergency care.

### ABOUT THE STATEWIDE BRACELET INITIATIVE

The *Connecticut Urgent Maternal Warning Signs Bracelet Initiative* aims to reduce maternal morbidity and mortality by improving clinical awareness of potential postpartum complications and conditions. Birthing hospitals across the state provide postpartum patients with an orange bracelet to enhance recognition of and response to urgent maternal warning signs.

#### TOOLS AND TRAININGS

The *Bracelet Initiative* provides education to hospital staff, emergency personnel, and community-based healthcare professionals on standardized lifesaving protocols to ensure a safer postpartum experience for birthing persons.

Scan the QR code for provider and patient resources, or visit [cthosp.org/bracelet](https://cthosp.org/bracelet)



## RECOGNIZE URGENT MATERNAL WARNING SIGNS

ASK: "HAVE YOU BEEN PREGNANT IN THE PAST 12 MONTHS?"

### WATCH FOR THESE SYMPTOMS



Headache that won't go away or gets worse over time



Dizziness or fainting



Changes in your vision



Body temperature of 100.4°F or higher, or 96.8°F or lower



Extreme swelling of your hands or face



Thoughts of harming yourself or your baby



Trouble breathing



Chest pain or fast-beating heart



Severe nausea and throwing up



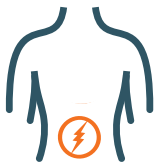
Seizure



Problems urinating or changes in urine



Severe swelling, redness, or pain of your leg or arm



Incision that is not healing



Overwhelming tiredness



Bleeding, soaking through one pad per hour, or blood clots the size of an egg or bigger



If a patient is experiencing any of these symptoms after pregnancy, connect them with emergency care right away. It could save their life.

