Leadership and Resiliency
Navigating Through and
Beyond COVID-19
Virtual Series

The Connecticut Hospital Association has collaborated with more than 30 sister state hospital associations to bring Connecticut’s hospital and health system leaders an exciting executive leadership education engagement. Over the course of three months, CHA will be providing six webinars from leaders in the field, addressing different approaches to leadership during COVID-19. This virtual series—being held from 1:00 p.m. - 2:00—is designed for C-Suite executives and is only available to CHA hospital members. For additional information on the series, please visit https://cthosp.org/education/program-listing/.

JUNE 25, 2020 SESSION DESCRIPTION AND SPEAKER BIO

The level of emotional exhaustion in healthcare workers was at an all-time-high before COVID-19, with one out of three individuals meeting the criteria for burnout. In this enlightening and entertaining module: Bite Size Coping During Times of Uncertainty, Dr. Bryan Sexton, a national expert in safety culture and teamwork, will provide perspective, hope, and simple strategies to build workforce resilience during tense times.

Dr. Bryan Sexton has captured the wisdom of frontline caregivers through rigorous assessments of safety culture, teamwork, and workforce resilience. His research instruments have been used around the world in over 3,000 hospitals, in 30 countries. His current R01 grant from NIH is a randomized clinical trial of resilience training. He has studied teamwork, safety, and resilience in high risk environments such as the commercial aviation cockpit, the operating room, and the intensive care unit, under funding from NIH, NASA, AHRQ, Robert Wood Johnson Foundation, Swiss National Science Foundation, and the Gottlieb Daimler and Karl Benz Foundation.

With specializations in organizational assessment, teamwork, survey development, and quantitative methods, he spends his time teaching, mentoring, conducting research, and finding practical ways of getting busy caregivers to do the right thing, by making it the easy thing to do. He has found that results across industries, work settings, shifts, professions, and countries highlight a great deal about reliability in high risk environments – specifically, “you are better off changing the situation, than trying to change human nature.”

REGISTRATION INFORMATION

There is no fee to participate; however, online registration is required by June 15, 2020. 100% of the series registration fee is being waived for CHA hospital members, thanks to support received by Wiggin and Dana.

For additional information, contact CHA Education Services at 203-294-7263 or educationservices@chime.org.