

## For Immediate Release

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## Greenwich Hospital to Receive the CHA's 2012 John D. Thompson Award for Excellence in the Delivery of Healthcare Through the Use of Data

WALLINGFORD — At its 94th Annual Meeting on June 27, the Connecticut Hospital Association (CHA) will recognize Greenwich Hospital with the 2012 John D. Thompson Award for Excellence in the Delivery of Healthcare Through the Use of Data. The team from Greenwich Hospital is recognized for its project, *A Novel, Comprehensive, Multimodal Analgesic Regimen for Joint Replacement Surgery*.

In 2011, members of Greenwich Hospital's Center for Joint Replacement designed and implemented a new, comprehensive, multimodal protocol to address the significant problem of postoperative management of pain in patients undergoing joint replacement surgery.

The new protocol at Greenwich Hospital is to treat pain before it starts. Instead of exclusively utilizing traditional opioid pain medications, a multimodal regimen is recommended. Using a Plan- Do-Study-Act (PDSA) cycle, the protocol is continually monitored.

Results were dramatic. Compared to historical controls, patients receiving the new protocol required an average of 40 percent fewer opioids during their hospital stay with a decrease in opioid-related side effects. Increased comfort improved compliance with physical therapy. Patients became more satisfied with the management of their pain.

As a result of this success, Greenwich Hospital developed a similar protocol for use in its ambulatory surgical center. Future projects may include general surgery, bariatric surgery, major gynecological surgery, and oncologic surgery.

The John D. Thompson Award honors the contributions made by John D. Thompson to healthcare administration and patient care quality during his career. Winners of this prestigious award have achieved excellence in patient care through the use of data, as demonstrated by the improvement of internal operations, procedures, and outcomes.



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## **About CHA**

The Connecticut Hospital Association has been dedicated to serving Connecticut's hospitals since 1919. Through state and federal advocacy, CHA represents the interests of Connecticut's hospitals on key healthcare issues in the areas of quality and patient safety, access and coverage, workforce, community health, and hospital reimbursement.